



ATTENTION: U18/U23/OPEN PROVINCIAL SQUADS CYGNETS/GOSLINGS

Please see below for information regarding the training schedule for the **MARCH**.
Please contact your coach if you are unable to attend.

Sunday 16th 6.00 - 7.30pm 6.00 - 7:30pm 7.30 - 9.00pm	Southland Leisure Centre Goslings & Cygnets U23s Open & U18s
Tuesday 18th 6.30 - 8.30 pm	Bishop Pinkham (Fitness) All Squads including Cygnets/Goslings
Wednesday 19th 6.30 - 8.30pm	Bishop Pinkham Cygnets/Goslings
Thursday 20th 6.30 - 8.00pm 8.00 - 9.30pm	Louis Riel U18 U23/Open
Sunday 23rd NO PRACTICE	Easter Sunday

Training Camp Southland Leisure Centre U18/Cygnets/Goslings

Monday 24th	10am - 12noon
Tuesday 25th	10am - 12noon
Wednesday 26th	1 - 3pm
Thursday 27th	10am - 12noon

Monday 24th 6.30 - 8.00pm 8.00 - 9.30pm	Southland U18 U23/Open
Tuesday 25th 6.30 – 7:45 pm	Southland All Squads including Cygnets/Goslings
Wednesday 26th 6.30 - 8.00pm 8.00 - 9.30pm	Southland U18 U23/Open
Thursday 27th 6.30 - 8.00pm	Southland U18/U23/Open