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# CONTACT



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March 2008

## Notes of Importance...

Did you know that the AGM Reports and Financials are available to review at the Tournament and Banquet? This is sure to prove an exciting read!

Don't forget to boogie on down at Ranchman's for a pre-National event on May 16<sup>th</sup>!

Burning gas? Don't forget to use your Husky card during the summer - especially on those long road trips... the ANA gets a percent of your spending!

Ann Belisle, Brianne Johnstone, Sonja Salbuvik and Emma Wilton have all taken advantage of coaching courses offered through Alberta, Sports, Parks Recs & Wildlife Fund. Those are some dedicated ladies, great job!

## Scores, netballs and ice baths, need I say more?

Another successful England Tour took place from February 13<sup>th</sup>-24<sup>th</sup>. Both the Provincial U-18 and U-23 teams took part in this exciting opportunity. The girls were able to train with top coaches, challenge new opponents and take in some of the British sights and sounds. "It was a great learning experience, the food was delicious, it was professionally organized, and the boys weren't bad either," says Amber Sinclair a member of the U-18 team. Everybody on the U-18 and U-23 teams would like to give a big THANK YOU to Paula and Liz for all the hard work and effort put into this amazing trip. So keep up the hard work girls and who knows where your mad netball skills will take you next?



## Did you say road trip?!

Haven't spent enough time training and traveling with your netball buds? Don't fret! A team bonding weekend filled with some true Kodak moments will take place in Canmore the weekend before Nationals. This trip was a huge success last year and is a great time to share some quality bonding moments with your fellow Provincial players. More information to follow!

## I didn't even need to call Jenny Craig...

A big THANK YOU to Sarah Remmer who conducted an informative and interesting presentation on February 28<sup>th</sup> at Louis Riel. The girls learnt about nutrition and health and are sure to stop hiding their vegetables in their napkins from now on.

## Volunteers needed...

Are you a kind and giving person? Or maybe you just want something to put on your college résumé? Either way volunteering at Nationals this year would be a great opportunity! We are looking for drivers, greeters, court layers, scorekeepers, timekeepers and many more! If you are interested please contact head umpire, Carol, your help is greatly appreciated!



## **Cygnets/Goslings/Provincial Teams Schedules**

### **Sunday March 16<sup>th</sup>**

Southland Leisure Centre  
Goslings & Cygnets 6:00-7:30pm  
U23s 6:00-7:30pm  
Open & U18s 7:30-9:00pm

### **Tuesday March 18<sup>th</sup>**

Bishop Pinkham  
6:30-8:30pm  
Fitness Training  
All squads including  
Cygnets/Goslings

### **Wednesday March 19<sup>th</sup>**

Bishop Pinkham  
6:30-8:30pm  
Cygnets/Goslings

### **Thursday March 20<sup>th</sup>**

Louis Riel  
U-18s 6:30-8:00pm  
U23/Open 8:00-9:30pm

### **Sunday March 23<sup>rd</sup>**

Easter Sunday-NO PRACTICE

## **U18/Cygnets/Goslings**

### **Training Camp**

### **Southland Leisure Centre**

Mon March 24<sup>th</sup> 10:00am-12noon  
Tues March 25<sup>th</sup> 10:00am-12noon  
Wed March 26<sup>th</sup> 1:00-3:00pm  
Thurs March 27<sup>th</sup> 10:00am-12noon

## **Don't forget to sign up!**

Jetting off to an exotic destination over the summer? Why bother when there is the Spring and Summer Netball Leagues to par-take in?! A U-12 and U-15 Spring League will be held at Southland Leisure Center from April 20<sup>th</sup> through to June 15<sup>th</sup>. No netball experience required! So bring along your friends! A Senior Spring Outdoor League will run from May 27<sup>th</sup> though June 24<sup>th</sup>. This is a great bargain for only \$35.00. Not enough netball for you? Well a Senior Summer League will run from July 15<sup>th</sup> though to August 19<sup>th</sup> with a cost of only \$40.00. This will be followed by a Mini World Tournament on Saturday August 23<sup>rd</sup>. You must find or form your own team, deadline for team registration for the Senior Outdoor Spring League is May 12<sup>th</sup>, and July 1<sup>st</sup> for the Senior Summer League.



## **Suffering from netball withdrawal?**

Three months is a long time to go without netball. Don't fret! You can get your netball fix at the Junior Summer Camps to be held in July and August. Here you can improve your skills, have fun and make friends all while playing netball! Look out for more information coming soon!

## **Goodbye and farewell!**

Our ANA Vice President, Roz Day and her family are United States bound. Make sure to wish her good luck in her new home! A big THANK YOU to Roz on behalf of the ANA for all her hard work and effort over the years. Your netball skills will be missed!

## **Gee. thanks!**

Another big THANK YOU to Jason Kenney, MP for Calgary South East and to Calgary Egmont Riding for providing the ANA with pins and a Canadian flag for our England Tour 2008. These were a great addition to the trip and your help is greatly appreciated!

## **Ready for a weekend of netball?**

The Cygnets and Goslings are ready to strap on their ankle braces, double knot their laces and put on their game faces for the U-18 BC Zone Tournament. The teams will be leaving for Vancouver on Friday March 28<sup>th</sup> and return March 30<sup>th</sup>. Make sure to wish them good luck!!

## **Victory in Quebec!**

ANA ventured back to Montreal, the scene of the U-18 success. This time with the Open Team to take part in the Coupe de Quebec. There were ten teams competing, and Alberta was able to finish in a very commendable 5<sup>th</sup> place. The Open Team were able to come away victorious beating the Quebec Team in an Exhibition game. Plenty of hope for medals at Nationals in May...Go Alberta Go!

